

IN FOCUS

THE OFFICIAL PUBLICATION OF THE
JAMAICAN CANADIAN ASSOCIATION

Serving The Black and Caribbean Community Over 40 Years August 2002

Special Edition

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.....Jamaica, Jamaica, Jamaica Land We Love.....

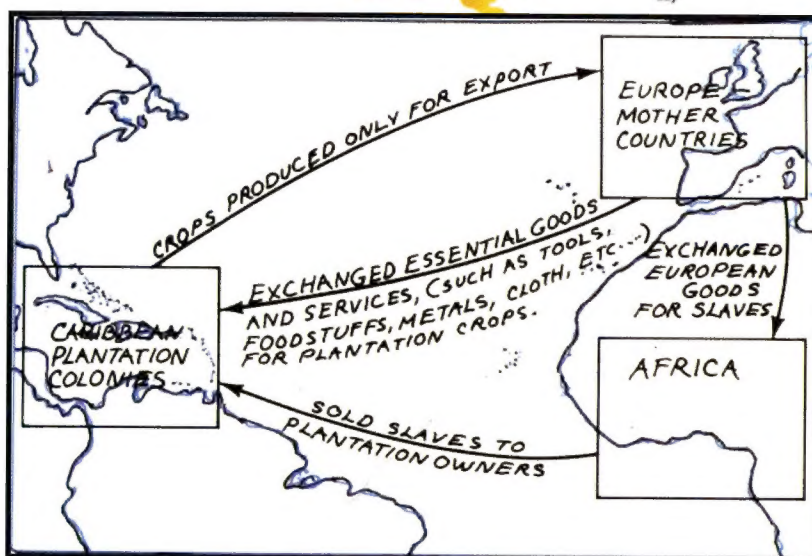
The Jamaican motto, "Out of Many, One People" is true whether on the "Rock" (as Jamaicans affectionately call our homeland), or somewhere in the four corners of the earth.

Monday, August 06, 1962 heralded a new era for a nation first inhabited by Awarak Indians and later joined by African slaves brought to the island on Spanish, Dutch and English ships, in exchange for sugar, rum and other products which were taken back to European centers to enrich the "mother countries." With the arrival of our fore parents from Africa, (slaves) some of whom were bought for a measly price by white European traders from scrupulous African chiefs, the infrastructure, trade and commerce of the island was formally put in place.

Contrary to popular belief, Christopher Columbus did not discover Jamaica, but found a land inhabited by people when he landed on her incredibly beautiful shores.

In the words of a popular Jamaican With incredible grit and the

JCA's web page/address - Web Site: www.jcassoc.com • E-mail: info@jcassoc.com



(The Triangular Trade Route)

song, it states, "wherever our feet may roam, Jamaica is still our home" and for those Jamaicans who had already left her shores by August 6, 1962, finding a way to participate in the celebrations of the day, became a major quest.

A number of Jamaicans who had made Canada their home, decided that celebrating Jamaica's Independence would be best done with the formation of an organization that carried the name of their homeland along with the name of their adopted home. With that came the founding of the "**Jamaican Canadian Association.**"

determination of its founders and those who have joined the Association since, the JCA now celebrates, as Jamaica does, forty (40) years of service sharing and caring for people from every strata of life amazingly, able to maintain Jamaica's motto, outside of her shores.

Today, August 06, 2002, as Jamaica and the Jamaican Canadian Association celebrate forty years, Jamaicans worldwide share nothing but pride for having been graced with

Continued on page 18

QUARTERLY MEETING

Sunday
August 25, 2002
2:00 pm

Jamaican Canadian Centre
995 Arrow Road

For further information call
JCA at (416) 746-5772

EDITORIAL

Since 1962, America has had 8 Presidents....Canada has had 5 Prime Ministers while Jamaica has had 6 Prime Ministers.

World leaders have come and gone; dynasties have fallen and heroes emerged from every sphere of life.

In the land of snow, ice, sleet and incredible below zero temperatures, a hot dream was set ablaze in the hearts of some Jamaicans who gave new meaning to the old proverb "necessity is the mother of invention." That dream or invention is today the Jamaican Canadian Association (JCA).

August 6, 1962 to August 6, 2002 represents 40 years of the continual burning of the flame. Hard work, commitment, honesty and integrity are words that come to mind when one wonders how was this possible? The founders of this association should be justly proud. We salute you!

Success does not happen overnight (unless of course you win the lottery but don't hold your breath on that one), it comes with all the characteristics listed above. One just has to stop for a moment and look at the financial scandals that have rocked the business world in the last few weeks, from within the "greatest" nation of the world, to recognize that success must actually be earned through hard work. The "dot coms" are now "dot gones" while auditors are being audited all taking place

in companies less than 40 years old.

The JCA should take pride in the fact that through a commitment to CARE for and SHARE with their fellowman, the Association today stands head and shoulders above many so-called "blue-chip" companies. The year 2002 finds the JCA still living by its mandate which includes serving those in need from any corner of the earth who crosses her doors.

From her humble beginnings at Dawes Road, JCA now boasts a state-of-the-art building located at 995 Arrow Road. This building now serves members of the community from the cradle to the grave with numerous things in between.

Call the Centre at 416-746-5772 for info on Hall Rentals, Immigration and Settlement Programs, Violence Against Women, Youth and Family Services, Transition to the right side of the law, Seniors Services (not for the faint of heart, these folks take having fun very seriously), Saturday Morning Academic Upgrading and Cultural Program for Grades 1 to 9, Opportunity Plus Retraining Program for people over 45, and much more. Though the JCA has a paid staff for Social Services, the Association survives on VOLUNTEERISM. Make it a part of your commitment to your community to join the JCA and give a few hours to volunteerism. Share in the dream for the next forty years.

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JAMAICAN CANADIAN ASSOCIATION
995 Arrow Road
North York, Ontario M9M 2Z5
Tel: (416) 746-5772 Fax: (416) 746-7035

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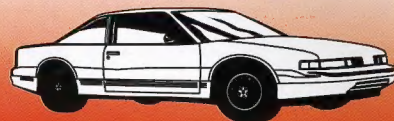
Eunice Graham, Adaoma Patterson,
Monica Mitchell, Carol Plunkett,
Buelah Campbell, Claudette Cameron-
Stewart, Gerald Paul, Michelle Blake

Newsletter Layout/Printing

Tekno Printing & Grafix

Letters and submissions welcome. The
Editorial Committee reserves the right to
edit materials for length.

Car RAFFLE
Car RAFFLE
Car RAFFLE



TICKETS ARE NOW ON SALE
EARLY BIRD DRAW - AUG. 5th
RAFFLE DRAW
SATURDAY SEPTEMBER 7

Call the JCA at (416) 746-5772



Jamaican Anthem

Eternal father bless our land
Guard us with thy mighty hands
Keep us free from evil powers
Be our light through countless hours
To our leaders, great defenders
Grant true wisdom from above
Justice, truth, be our forever
Jamaica land we love,

Jamaica, Jamaica, Jamaica land we love

Teach us true respect for all
Stir responses to duty's call
Strengthen us the week to cherish
Give us vision lest we perish
Knowledge send us heavenly father
Grant true wisdom from above
Justice, truth, be our forever
Jamaica land we love.

Jamaica, Jamaica, Jamaica land we love

Jamaican National Pledge

Before God and All mankind.
I pledge the love and loyalty of my heart
The wisdom and courage of my mind,
The strength and vigour of my body
in the service of my fellow citizens.
I promise to stand up for justice,
Brotherhood and Peace, to work diligently and creatively,
To think generously and honestly, so that,
Jamaica may, under God, increase in beauty, fellowship
and prosperity, and play her part in advancing the welfare
of the whole human race.



(Participants at annual Walk-A-Thon)

JCA WALK-A-THON 20 YEARS AND STILL GOING

May 1982 saw the start of the first Jamaican Canadian Association Walk-A-Thon. The plan was to raise funds for the purchase of the JCA Centre on Dupont Street.

The walk was poorly attended due to rain, only 10 people showed up. However, this did not deter the members because the following year they were out there walking again. This time, more people showed up and doubled the amount of money collected the previous year. Since then, the Walk has collected close to \$200,000.

The Walk-A-Thon started under the Membership Committee and

was later jointly run by the Membership and Building Committees.

Many changes have taken place over the years, such as the venues initially we walked from City Hall and Queen's Park and later George Ross Lord Park and over the last few years we have walked in the vicinity of the JCA Centre, on Arrow Road.

Each year we have tried to make the walk more entertaining by adding incentives for those finishing first and to those who collect the most money. We also operate the walk under the

JCA
is now offering
advertising at low rates.

IN FOCUS
THE OFFICIAL PUBLICATION OF THE
JAMAICAN CANADIAN ASSOCIATION

has a wide circulation
inside and outside the
Caribbean Community.

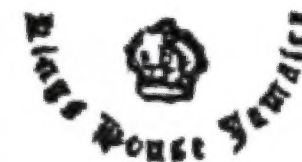
For more information
please call
(416) 746-5772

distinguished patronage of the Jamaican Consul General of the day.

Our thanks to the sponsors who have provided refreshments over the years: Cott Beverages, Grace Kennedy, Patty Palace, McDonalds and Timex.

FLAG RAISING CEREMONY
Sunday August 4th, 2002 - Podium Roof Toronto City Hall
at 1:00 P.M.

THANKSGIVING SERVICE
Sunday August 4th, 2002
4:00 P.M. JCA Cultural Centre, 995 Arrow Road



GOVERNOR GENERAL'S MESSAGE

Our beloved country celebrates this year its Fortieth (40th) anniversary of Independence The Jamaican Canadian Association this year celebrates the Fortieth (40th) anniversary of its birth. Significant milestones all will agree, and with grateful hearts give thanks to God for our achievements.

During our journey we have had problems and difficulties, some of them quite serious and extensive, but our successes and development have been outstanding. As a country we have much to be proud of and celebrate.

We know of the great strides made by our men and women and their achievements nationally and internationally. Our sons and daughters have been outstanding in the fields of education, medicine, politics, business and international relations.

- In the world of music we have made great strides. Our music - its conscious lyrics have become universal challenges to love, peace and unity.
- During the celebrations of our fortieth (40th) milestones, let us seize the opportunity to reflect on our accomplishments and draw strength and inspiration from what we have achieved while setting the stage to fashion our future.

The triumphs of our brothers and sisters overseas have been a great source of support and guidance. They have demonstrated that given the opportunity they can reach their highest peak of efficiency in any field of endeavour. They have held the Jamaican flag high, worked hard and given leadership at the highest level.

We are proud that they have done well and at the same time have kept in remembrance and have maintained their loyalty and love for their homeland. My wish is that they will help us to establish a new vision and design a new purpose as we continue to identify strategies in which we can play an important role in world history.

May God continue to bless you all as you celebrate at the overseas level. In spirit we will be with you.

Howard Cooke

Howard Cooke
Governor-General
King's House
Jamaica, W.I.

Building Committee

The Building Committee has been very busy over the past year.

Listed are some of the things we have done.

- Repaved the parking lot
- Overhauled the plumbing in the washrooms
- Rented office space upstairs
- Installed flag poles
- Built a beautiful stage
- Replaced cove base in banquet halls

Although we have over twenty active committee members we are still looking for more volunteers. We are in the process of planning our annual workday and we need some more hands to make the work lighter.

Our present project is installing curtains for the stage, this is well underway. Another major project will be to repair a section of the roof located over the kitchen. This will be done as soon as the weather gets warm. We need to have trees planted on the boulevard. Trees are exceptionally expensive and so we are looking for donations from members and friends. We

need your support as we continue to maintain both the interior and exterior of the building. I would like to take this opportunity to thank the Building Committee for their daily hard work and the many late nights to ensure security in the building.

Committee Members:

Neville Graham
Doug Robertson
Eric Malcolm
Dean Parker
Louise Robinson
Leon Sutherland
Uriel Soares
Vic Anderson
Raphael Walters
Mr. Green
Raphaelita Walker

Carmen Sutherland
Rudolf McFarlane
Roy A.B. Stewart
Miss Amy Nelson
Ron Robinson
Gifford Walker
Byron Carter
Clive Hylton
Maurice Wraith
Owen Dunbar
Phyllis McFarlane

Leon Sutherland
Chair, Building Committee

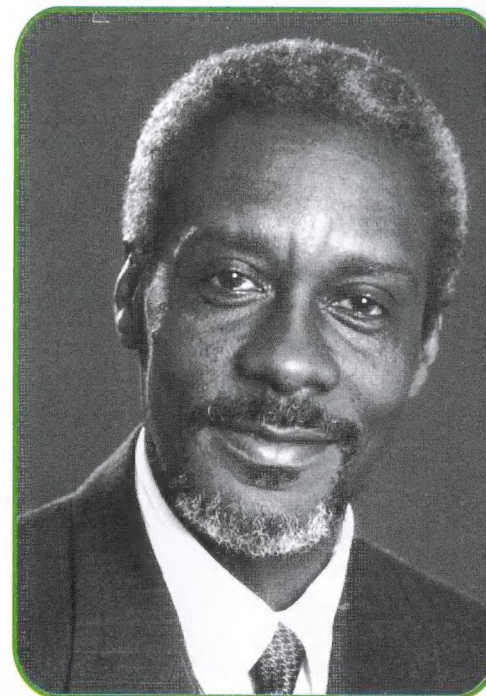
Public Relations

The Public Relations Committee is chaired by young Michelle Blake and supported by Eunice Graham, Monica Mitchell, Carol Plunkett, Beulah Campbell, Claudette Cameron-Stewart and Gerald Paul. The Committee meets monthly on Thursday evenings and is always open to new members. The energetic leadership of the committee uses the collaborative effort of all members to carry out its responsibilities.

It is the responsibility of the committee to publicize the activities, achievements, services and programs of the JCA to members, clients, funders and the community at large. The Public Relations committee is the official voice of the JCA. The main objective of the committee is to

inform and promote positive attitudes and behaviours within and about the JCA. This is done primarily through *In Focus*, the association's official newsletter. The newsletter is proudly distributed throughout the GTA and reaches as far as Newmarket, Richmond Hill and Ajax.

The committee is proud to coordinate the publication of this special edition in the Gleaner to celebrate our 40th anniversary of the JCA. As members we congratulate the founders and leaders and wish the association many more years of continued community service and success.



MESSAGE FROM THE PRIME MINISTER OF JAMAICA RT. HON. P.J. PATTERSON, Q.C., M.P.

First to be acknowledged is the happy coincidence of chronological circumstance that causes the Jamaican Canadian Association, an organization of Jamaicans living abroad, to be marking its 40th year of existence in the same year that Jamaicans at home are celebrating the 40th anniversary of the Independence of our nation.

I most sincerely wish to congratulate the Jamaican Canadian Association for the attainment of 40 years.

I should also like to join with you all in paying tribute to those Jamaicans living in Toronto who back in 1962 decided that they would do something of major significance to celebrate Jamaica's Independence and so brought into being the Jamaican Canadian Association.

The contributions the Association has made over the years since have certainly justified the initiative of the founding fathers.

It is often said that life begins at 40 and indeed Jamaica is poised now more than ever to face the challenges that lie ahead precisely because of Government policies and actions initiated in recent years.

As we reflect on the country's achievements in various fields of endeavour, we can take satisfaction in our progress on

- the expansion of educational activities;
- the enhancement of the country's health system;
- the increases in the provision of shelter;
- greater access to water, public transportation and the means of communication.

Further to all of this, we have added a new sector to the national economy - Information Technology. It entails the establishment of the framework of a knowledge-based society, which can stimulate job creation and fuel substantial and sustainable economic development.

As we mark the occasion of our 40th Anniversary of Independence and look to the future as a maturing nation, we must resolve to building a self-sustaining economy as the basis for enhancing personal and national goals.

We must also maintain our commitment to addressing the needs of the most vulnerable in our society and intensify our efforts to reduce the levels of violence.

We must develop and provide new levels of love and devotion to our country and more respect between our fellowmen.

Jamaicans abroad must be informed that for the celebration this Independence Anniversary, we at home will be showcasing throughout the month of August, all that we have achieved as a nation over 40 glorious years.

While I extend sincerest congratulations to the Jamaican Canadian Association on reaching 40 years, and wish for you a most successful celebration, I would also use the opportunity to invite any member of the Association who can, to join us here in Jamaica after to celebrate the Big 40 here with us at home.

May the Good Lord continue to favour you with his blessings.



***A Message From The Leader of The Opposition
The Rt. Hon. Edward Seaga, P.C., M.P.***

***On The Occasion of The 40th Anniversary
Celebration of The JCA***

It is with much pleasure that I greet those gathered to celebrate the 40th anniversary of the Jamaican Canadian Association.

Forty years in the life of any organisation is a long time and I commend the JCA on the attainment of that milestone. The JCA was founded by patriotic Jamaicans living in Canada. This Association has demonstrated to Canada and indeed the world, the true spirit of Jamaicans.

We are a highly ambitious people who set challenging goals and who are prepared to pay the price to achieve those goals. We have a strong commitment to the community where we live but we have unwavering loyalty to our homeland.

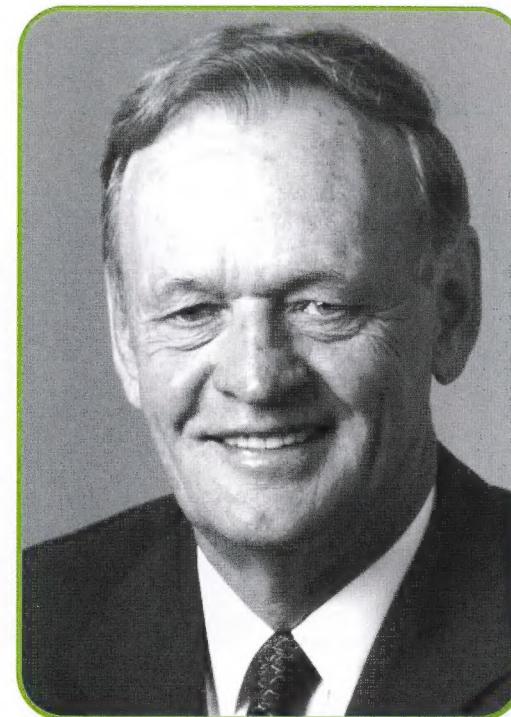
As we reflect upon the history of your Association, we can't help but notice that the history of the JCA is intertwined with the history of independent Jamaica. Unlike Jamaica, which has moved in stops and starts, taking one step forward and one step back, your Association has only moved forward going from strength to strength. From humble surroundings at 65 Daws Road, you moved to 1621 Dupont Street and now, 995 Arrow Road.

Your current accommodations is one of which Jamaicans anywhere can be proud. I had the privilege of touring that building in October 2000 and was most impressed. Your ongoing works amongst Jamaican nationals is another good example of your fine accomplishments.

To those being honoured, please accept my congratulations for your discipline, dedication, focus and commitment which have earned you these awards.

Please accept my best wishes for a very successful 40th anniversary celebration and may you go on to celebrate many more.

Edward Seaga



PRIME MINISTER • PREMIER MINISTRE

I am pleased to convey my warmest greetings to everyone celebrating the 40th anniversary of the Jamaican Canadian Association, as well as the 40th anniversary of the independence of Jamaica.

As you gather to mark these two special occasions, you will have a wonderful opportunity to reflect upon the unique and rich heritage of Canadians of Jamaican descent while celebrating the splendour of the Canadian mosaic. You may take great pride in the contributions members of your community have made to building a strong, prosperous and inclusive Canada.

Please accept my best wishes for a most enjoyable and memorable celebration, as well as every success in the years to come.

Jean Chrétien

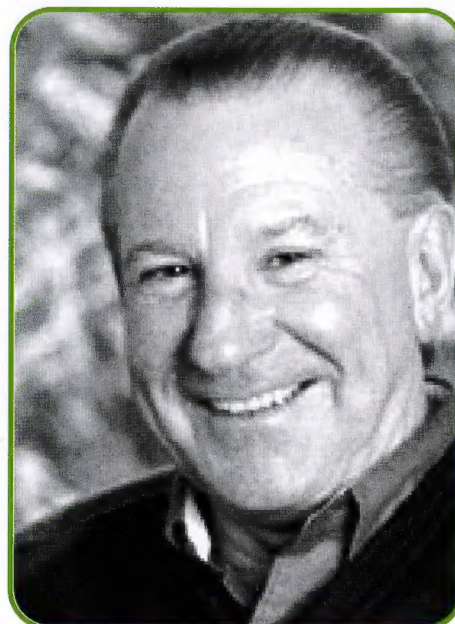
OTTAWA
2002

The Premier
of Ontario

Legislative Building
Queen's Park
Toronto, Ontario
M7A 1A1

Le Premier ministre
de l'Ontario

Hôtel du gouvernement
Queen's Park
Toronto (Ontario)
M7A 1A1



40TH ANNIVERSARY GALA JAMAICAN CANADIAN ASSOCIATION

August 10, 2002

On behalf of the Government of Ontario, I am pleased to extend greetings to everyone attending the 40th Anniversary Gala of the Jamaican Canadian Association.

Everyone attending tonight's gala can take pride in the encouragement being shown this evening for this fine organization, which dedicates itself to serving the Black and Caribbean communities of Canada. It is through support like yours that our Province can continue to build a strong society for future generations.

It takes initiative, vision, and hard work to make a celebration like this happen and I want to recognize the organizers and volunteers for their success in this evening's event.

Please accept my best wishes for a memorable evening.

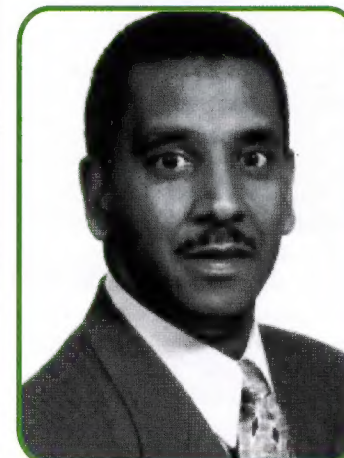
Ernie Eves, MPP
Premier

OFFICE OF THE HIGH COMMISSIONER FOR JAMAICA

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275 Slater Street
Ottawa, Ontario, K1P 5H9

MESSAGE FROM THE HIGH COMMISSIONER FOR JAMAICA



Today's 40th Anniversary Gala of the Jamaican Canadian Association (JCA) marks a milestone in the Association's existence and community outreach activities. It is therefore a time to celebrate, to reflect and to re-affirm your commitment to support the goals and ideals of the JCA, the wider Jamaican community in Toronto and your island home.

It has, I am certain, taken tremendous effort to build this Association. The fact that members are all volunteers, speaks volumes to your sense of community involvement and your desire to create a better place for one another. Your successful efforts in the establishment and operation of a fully functional community centre, where, the young in particular, can feel a sense of belonging and no doubt learn of their Jamaican heritage, deserve our unqualified praise and commendation. Your unstinting efforts and abiding commitment in service to your country, will undoubtedly help to enhance the image of Jamaica and encourage other Jamaicans and friends, to become an integral part of the Association's programme of activities.

It is therefore, my pleasure to congratulate you on your achievement, to extend best wishes for a splendid gala and continued success in your endeavours.

Raymond Wolfe
High Commissioner.
June 2002



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TELEPHONE (416) 598-3008 FAX (416) 598-4928

CONSULATE GENERAL OF JAMAICA

MESSAGE FROM MISS VIVIA BETTON JAMAICA'S CONSUL GENERAL TO TORONTO



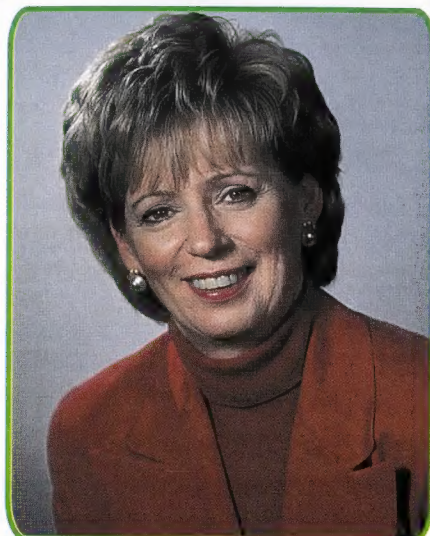
Congratulations to the Jamaican Canadian Association on celebrating the organization's 40th Anniversary. This commemoration takes place on the auspicious 40th Anniversary of Jamaica's Independence, which we will all celebrate with true style, vibrant and thoughtful gestures.

In any sphere of human endeavour, 40 years is certainly an important milestone. Jamaica and the JCA can each be justly proud of their achievements. The JCA symbolizes the community spirit, hard work and creativity that are characteristic of the Jamaican people. Its executives and membership over the years deserve all the credit for their achievements. I commend the JCA for building an extensive network of community services and it is gratifying that support is being given both by government and voluntary sources for your social programmes. The Association in fulfilling its Mission is no doubt making a significant difference to the lives of many of our citizens.

Jamaicans have demonstrated great character in sustaining and deepening a democracy that has existed since 1962. The strides made in many areas of endeavours have been impressive. From health to education to entertainment to sports, we have excelled. The fortitude and resilience of our people have brought us to this point and will always sustain us.

The Consulate General of Jamaica, in collaboration with the other Agencies, the Jamaica Information Service, the Jamaica Trade Commission (JAMPRO) and the Jamaica Tourist Board, extends our congratulations to the JCA on this occasion of your 40th Anniversary.

May you grow from strength to strength and have the wisdom to build on your achievements and help to create opportunities and guidance especially for our young people.



August 2002

Jamaican Canadian Association
995 Arrow Road
Toronto, Ontario
M9M 2Z5

As Member of Parliament for York West, I am delighted to extend my sincere congratulations to the members and friends of the Jamaican Canadian Association on the occasion of the 40th anniversary of the founding of your organization.

For 40 years, the Jamaican Canadian Association has served the Black and Caribbean community in a variety of support and social services. As we celebrate this long history of accomplishments, we remember with pride, the many families and individuals from varied nationalities who have been helped over the years by the dedicated volunteers and staff of the Association.

On behalf of the constituents of York West, I take this opportunity to thank you for all that you represent, for all that you have done and continue to contribute, in making Canada richer in its cultural diversity. Our country is stronger because of your commitment and your capacity to serve the wider community of nations.

It is indeed an honour to be part of your celebration and I wish the Jamaican Canadian Association many more years of success as you continue to serve the people in this community and beyond. My best wishes to you all!

Judy Sgro

Judy Sgro, Member of Parliament
York West



President's **REPORT**

By Valarie Steele

FORTY YEARS AND COUNTING. Forty years of caring and sharing has benefitted Canada in general and the Black Community in particular.

This year, the Jamaican Canadian Association is 40 years old. Great traditions are worth keeping and this is proof that wherever we go we take our caring ways with us and always strive to make our communities better places to live. We will be celebrating all year, come out and support our efforts, the benefits will be to our community.

As we celebrate our 40th anniversary and salute our founding members all year, it is fitting to remind our community that this is a very successful volunteer organization that has come a long way on the continued efforts of some of the stalwarts that

are a part of the JCA. In addition to our founding members, there are lots of other members who have been around for 25 40 years that have served us very well and we thank you all. Rest assured that we are fully aware that it was not easy in the earlier years to keep this dream alive. We thank you for your vision, your hard work, your money, your time and most of all, your dedication.

Thank you, Members of the Board, past and present, for your hard work over the years. Your help has been invaluable and your dedication to the JCA admirable. Thank you also to all of our other volunteers who have worked tirelessly to help us with doing the business of the association. Your effort is greatly appreciated; the Board cannot do the work without your help.

As we move on our journey to another 40 years, we are keeping the invitation to our community wide open and encourage you to continue to support us, become members of the JCA and volunteer your services. There is great satisfaction in working with your

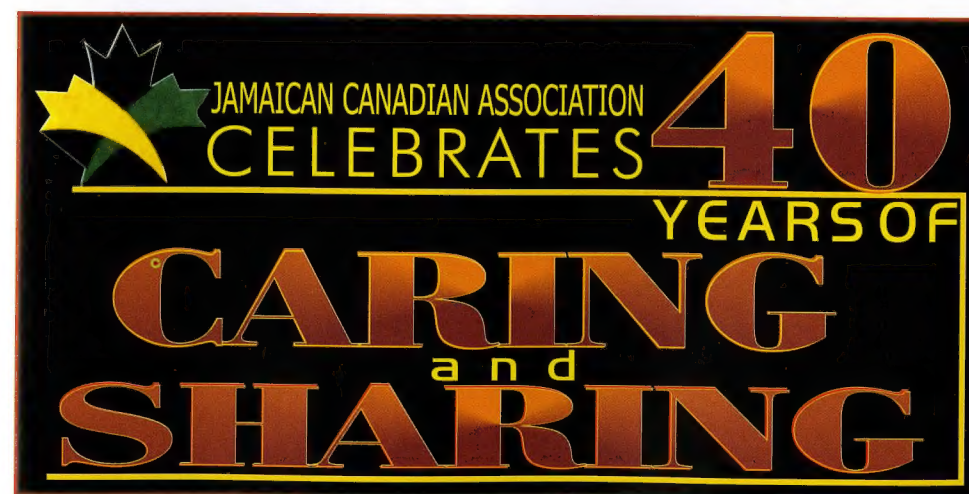
community passing on your experience and expertise. The rewards are plenty. Check us out on the Web at: www.jcassoc.com. You will discover the range of social programmes that we run and see our 2002 Calendar of Events.

As we celebrate, we are also aware that there is still much to be done to continue our service to our community. Pausing for a moment to say well done and show our appreciation to our supporters is also quite appropriate.

On behalf of the Board of Directors and the Staff of the JCA, we salute the great accomplishments of our organization, thank you to all our friends and supporters who have helped us reach this milestone.

JOIN US IN CELEBRATING 40 YEARS OF CARING AND SHARING.

Valarie Steele, President



Volunteers are needed

at the
Jamaican Canadian Association (JCA) Centre

To establish a Scout Movement. The Scout Movement will provide stimulating indoor and outdoor programs for young people from 5-26 years. Scouts Canada and members of the Canadian Armed Forces will provide the necessary training and guidance in operating the group. For further information, please contact **BARRY MORRISON** at the JCA, **416-746-5772**

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JCA WOMEN'S SPACE

The Women's Committee of the Jamaican Canadian Association (JCA) was initially established in 1975 as the Women's Auxiliary, in response to social change in the larger community as it related to women's issues. After operating successfully for three years the group became dormant. In 1988 the group was re-established as the Women's Committee, under the leadership of the late Eva Smith who was instrumental in reactivating the group.

For the first ten years, the Women's Committee was involved in planning and implementing a range of activities and events covering a variety of issues impacting Black women, such as health care, housing, and violence against women, to name a few.

Mission Statement:

The JCA's Women's Committee will work to advance women's full participation and equality in all aspects of the JCA and the wider community, including decision-making and leadership

roles.

The Women's Committee is comprised of 21 members. Meetings are held monthly with the exception of August and December. The Committee utilizes Terms of Reference and a Code of Ethics as a guide to how

was accessed from the Ontario Women's Directorate, The Anti-Racism Secretariat and the Women's Health Bureau of the Ministry of Health.

The major aim of the Fair was to raise the awareness of Black women and their families about health issues and the impact of societal factors on their health. It was extremely successful and very well received with an attendance of over 200.



(Women's Committee Meeting)

it functions and does its work.

The Committee has organized several successful events but by far the most significant was the "Black Women's Health Fair" held in November, 1993. The Black Women's Health Fair was unique as this was the first event of its kind in Canada by a Black community organization. The theme of the Fair was "Black Women Taking Charge of their Health". Funding for the project

The Health Fair was the beginning of a long-term strategy by Black women in the province to take charge of our health. It established the fundamental rights of Black women to control the process. This is a change from Black women giving up their own rights and always taking care of everyone else.

Over the years the Committee has been evaluating its work and in its

endeavour to remain relevant and effective, it has evolved its work to include a more global perspective of the situation of Black women in the development of its workplan. This has led the Committee to develop a 5-Year Action Plan.


The 5-Year Action Plan is framed in the context of the United Nations "Platform for Action" (PFA) which was adopted at the fourth World Conference For Women, held in Beijing, China in 1995. At this Conference the PFA adopted by the 189 member states of the United Nations (including Canada) set out the actions to be undertaken by governments for twelve (12) critical areas of concern affecting the equality rights of women and the girl/child.

The experiences we face here are connected to experiences of women in other parts of the world. With globalization of work, labour and the economy, the reality of the similarities of our experiences becomes more and more apparent. It is therefore incumbent that the work we do at the JCA is connected to the reality of the lives of women, children and families in our community. Also, that we work to improve the conditions of Black women and girls and to lobby governments in this regard. With this in mind, the JCA Women's Committee chose to focus on two of the critical areas of concern: "Women in Power and Decision-Making" and "Violence Against Women".


The implementation of our 5-Year Plan has been the main focus

over the past 5 years. Some of the major areas of work include: Education, Political Advocacy, Lobbying, Evolving Role of Women in the Organization, Resource Capacity Building and Leadership Training. These were achieved through workshops, seminars, forums, round table discussions, film presentations, submission of articles on women's issues in the JCA newsletter 'Women's Space', hosting events in celebration of International Women's Day and "Persons Day".

The JCA Women's Committee will continue to fulfill its mission and objectives by addressing issues impacting women's lives within the Organization and the wider community.



JAMAICAN CANADIAN ASSOCIATION



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The Education and Cultural Committee

The Jamaican Canadian Association, effectively serving Caribbean, Canadian, African and various other communities for almost 40 years (on August 6, 2002 JCA will celebrate her 40th Anniversary), continues to be a prominent organization by virtue of its prolific components.

One such component of the JCA is the 16-member Education and Cultural Committee. Convening for meetings on every second Tuesday per month, the committee assumes the overall responsibility for providing educational and cultural programs/activities for association members. Through guest speakers, conferences, seminars and debates, the committee seeks to educate members and the community at large about current and emerging laws/issues that will affect the community.

As a means of ensuring the survival of its programs, the committee has established and maintained strong alliances with organizations, two of which are IBM and the Royal Bank. The former has generously donated several state-of-the-art computers that have tremendously benefited our tutorial programs while the latter has been instrumental in organizing financial planning seminars held at the JCA.

One of the committee's primary areas of success is the Saturday-morning tutorial sessions for children in grades 1-8. These meetings are geared towards improving the performance of students in the areas of mathematics, language and science. There are 100 students presently enrolled in this program that is staffed by 30 volunteers. The academic development of each student is monitored and parents are constantly apprised regarding the children's progress. This program is deemed successful by virtue of the improved academic standing of the students involved.

It is this committee's responsibility to supervise the acquisition and distribution of culturally educational books and other educational material related to the heritage of members. The public is given access to the Marcus Garvey library (housed within the JCA) that has a wealth of culturally uplifting material. The committee is constantly researching new ways in which it can improve the cultural and educational lives of youngsters and adults.



Hello Everyone it is my sincere wish that you are enjoying this wonderful summer to its fullest. I know that those without AC will complain that it was too hot and those with their beautiful garden will complain about the lack of rain. It is difficult to please everyone at the same time but those who are hot will be taken care of from December to February!! Let us enjoy the hot months as winter is soon on its way.

On August 6th, 2002 Jamaica will celebrate its 40th Independence and The Jamaican Canadian Association will celebrate its 40th anniversary as well. The Association's first place of operation was in a small office on Lombard Street, located in downtown Toronto. Then we moved to Colbourne Street off Yonge Street, then to Dawes Road, finally settling in the Danforth and Victoria Park area. This is where we for the first time became the landlords of our own building. However a fire razed the operation at the Danforth location so we moved to Dupont Street where we continued to be the landlords of our property. As you can see we moved several times, showing that our struggle to survive as an organization was monumental and seemingly never ending. With dedicated and courageous members we kept the flame burning and took the torch to our next stop: here we are today at 995 Arrow Road. This will probably be our home for a long time, if not

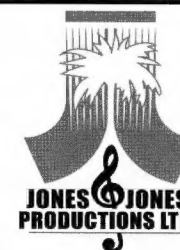
forever. This is quite an achievement when we stop and look back at our humble beginnings in the small office on Lombard Street. Our 995 Arrow Road location boasts 3 hall rental facilities, a cultural library, state of the art computers for our tutorial program and is host to many important local and international events and dignitaries.

Salutations to the JCA for its consistent presence in the community. Many Caribbean agencies have come and gone but the JCA continues to grow. The list of dedicated members who have enabled such growth is unending but for the moment I would particularly like to point out Amy Nelson founding member and Raphaelita Walker who joined in 1963. They are two people who have served consistently and meaningfully over a span of 40 years. Whether it was championing to have our own meeting space on Lombard Street or dressing up as Santa Claus for the children, these two ladies are certainly caring and dedicated. Many have served and disappeared but these two individuals have stayed the course.

The annual JCA Charity Golf classic is fast approaching. Set for August 17, 2202 registration is now in process. Players are urged to send in their fee as soon as possible. Last years event was well attended and spaces are filling up quickly for this year's tournament.

Non-golf players can still participate in the event by attending the dinner reception to be held at the JCA Centre at 7pm. The cost is \$20.00. The Committee is soliciting prizes for the prize table. If you and/or your company would like to make a donation, it would be very much appreciated. If interested please leave a message for myself, Alton Telfer or Erma Collins at 416-746-5772 ext243.

To conclude, let me congratulate Dr. George Sewell and Dan Williamson of the St. Thomas Healthcare Organization for taking the time on July 20th to carry out eye care services at Princes Margaret Hospital Jamaica. They traveled with 1500 pairs of glasses for patients at no cost. This was definitely a good will venture and once again is a demonstration of the caring that takes place in the Caribbean community.



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(IMPAC)**

Congratulatory Messages

Your Support in the Community

Does not go unnoticed

Bruce Macdonald and Family
Mississauga ON

Happy 40th Anniversary
Trudy Richards - Toronto ON

Congratulations on your 40 years of
Service to the community and
best wishes For the future
David Sinclair, Mississauga ON

Congratulations to the JCA on 40 years
Sutherland Family - Scarborough ON

Congratulations to the JCA on your
40 years- Keep going
Sadie Harrison Mississauga ON

Your Support in the Community
does not go unnoticed.
Hair Effects, Toronto ON

Congratulations on 40 years of Caring and Sharing
Hyacinth and Family, Scarborough ON

Congratulations on 40 years of
Caring and Sharing
BRIGHT LEAF MARKET
617 Vaughan Road - Toronto, Ontario
Tel: 416-656-9525

The Coalition of Black Unionists, Ontario
Chapter Executive and Members
congratulates the JCA on its
40th anniversary of community service

Congratulations! Continue to do the
Great work for our community

Doreen and Chris Alexander - Ajax ON

Happy 40th Anniversary
Monica Mitchell
Toronto ON

Thank you for giving us a voice
In the community
The Blake Family
Mississauga ON

Congratulations on 40 years of
Caring and Sharing
Eunice Graham, Toronto ON

Happy 40th Anniversary
From Charlie and Millie Robb
Toronto ON

Congratulations on 40 years of
Caring and Sharing
Jackie Hayles and Family
Toronto ON

Congratulations on 40 years of
Caring and Sharing
From Reg and Una Ford
Markham ON

THANK YOU TO THE PRINTER



The JCA would like to say a special
Thank You to the printer of the *In*
Focus, Teknoprinting. Owned and
operated by Yolanda Lawrence,
Teknoprinting offers full service
printing solutions to many

Educated in Jamaica at Merl Grove
High School and later a graphics
student at Centennial College in
Canada, Yolanda's initial job was
just to do the layout for the In Focus
but now she is in charge of the
complete production process of the
quarterly newsletter. The JCA is
proud to have such a young and
ambitious individual on its team.
When asked if she had any advice
for other small business owners,
particularly in the black
community Yolanda said, "it is
important to market your self
properly and be professional." If
you would like any more
information on the services
Teknoprinting provides please call
416-658-1833 or email
Teknoprinting@rogers.com.



Goodbye, Danny we'll miss you!

The Jamaican Canadian Association regrets the passing of Daniel
(Danny) Braithwaite, a most loyal and devoted member, friend and
supporter of the Association. Your support of the JCA was simply
remarkable. The Marcus Garvey Resource Library and the official
Marcus Garvey Chair, which were presented to the JCA through
your tireless efforts, will be lasting testaments to your commitment
to the upliftment of the JCA, your people and humanity. The Board
of Directors, Membership and Staff express sincere condolence to
the Family and thank you all for so generously sharing Danny with
us. May he Rest In Peace.

businesses
in the
Caribbean
Community
and the GTA.



Continued

Jamaican. We wear our citizenship
and nationhood proudly. We rejoice
and laugh with the successes, while
ever seeking ways to minimize the
pains. As Eric Donaldson in the
Festival song Cherry O Bay said, "I
will never let you down, I will never
let you wear no frown, you say that
you love me madly, Oh, Bay I will
accept you gladly". We love our
nation and the Board of Directors,
Membership and staff of the JCA,
wish our leaders and brothers and
sisters back on the "Rock" a
peaceful, joyous and wonderful 40th
Independence Celebration.

The Board of Directors of the JCA
extends sincere thanks to the
founders of JCA for the vision you
had and for the energy you placed
into bringing it to fruition. As the
Board and Members carry on the
dream, we join you in celebrating 40
years of CARING and SHARING.
Once again, thanks and
congratulations.Jamaica, Land
We Love"!!!!!!



JAMAICAN CANADIAN
ASSOCIATION

TOGETHER
WE CAN
DO IT.

Youth Committee

The youth affairs committee was restarted late 1998. Then the group consisted of approximately fifteen members. The group focused on drafting a strategic plan of action. This plan would come to embody the essence of the group. It consisted of short and long term plans and objectives. It also mapped out our modus operandi of *attracting the young and the young at heart*.

Some highlights of the committee include its annual culture show and dance, attracting

hundreds to the centre for fashion, food and entertainment. The committee also planned and executed its first 'back to school; barbecue and Black history month career fair. All of these activities were well received.

The Youth Committee is always new members. Please call the centre at (416) 746-5772, and leave your name if you are interested.

Membership Services Committee

The membership committee is an integral part of the association. Our mandate is recruitment and retention of members. Without the membership side of the organization we would not be able to function. Our members are very active and committed to the betterment of the association. The membership is responsible for the following activities/events throughout the year.

- Membership/Volunteer Appreciation Evenings twice per year.
- Orientation of new members to the association
- Collection of membership dues annually
- Ensuring that snacks are available at the quarterly meetings
- The Annual Picnic/Outing in July
- Flag raising Ceremony in August
- Seniors Brunch in September
- Children's Christmas Party in December
- Membership Drive in September.

The committee meets the first Friday of each month. The committee consists of nine (9) fulltime members and four (4) ad hoc.

At present the membership has over 1500 active

At present the membership has over 1500 active members.

Two of the things that we as a group are most proud are the senior's brunch and the children's Christmas Party. Why? These two events celebrate the backbone of our community that is, our children and our seniors. For

the seniors brunch we can get anywhere from 200 300 people and the Children's Christmas Party about the same numbers each year.

The JCA is open to all and in the year 2001 there were about 100 non- Jamaicans joining the Association, making us very proud.

Members are the most vital part of our association, it's very important to recognize and appreciate the skills, talent and knowledge they bring.

Membership Dues are: Family \$35.00
Single \$25.00
Seniors/Students \$10.00.



(Participants at annual picnic)

Fundraising

The Fundraising Committee was formed in 1988 and adopted by the board later that same year. The proposal was put forward by David Sinclair. They started with 10 members and grew over the years to 25 members at present. The main focus of the committee was to raise funds on an ongoing basis as set out by the constitution. As all committees are the backbone of the JCA, Fundraising is especially crucial to the survival

of JCA services and programs.

The following events are put on by fundraising and over the years have proved to be their most crowd pleasing and financially successful: 1994 they put on their first gospel concert, the talent show called Brawta, Grand Market, and the annual highly successful car raffle.

Positive Changes in the Lives of Black and Caribbean Families.

JCA is responsible for many successful social service programs. Among the programs/service JCA provides are a Family Service/Transition program that aids individuals in returning to society as contributing individuals after serving time in prison. The LIP Program (Leaders in Partnership Program) which is a joint initiative between the JCA and the Metro Toronto Police 13 division that aims to deal with the increasing amount of youth coming into conflict with police. Other services include an Immigrant Settlement program, Violence Against Women Program, Opportunity Plus which is a service geared towards helping the worker over 45 find employment in our often difficult economy. Lastly, there is the Caribbean Youth and Family Services program headed by Dr. Pauline Peart-

Blackwood. The JCA has a great set of employees dedicated to meeting the needs of our community. Many employees of the JCA share the same feeling about the work they do which can be summed up by Family Service/Transition worker Anita Griffith, "My work at the JCA has given me the opportunity to do everything I wanted to do. It allows me to work in the community, work with families in need and provide counseling. I am fortunate to be given the opportunity to make direct contributions in bringing about positive changes in the lives of Black and Caribbean families."

To learn more about any of these services please visit our website at www.jcassosc.org, or e-mail www.jcassosc.com



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QUIZ

How good is your knowledge of Jamaica?

1. Who were the first settlers in Jamaica?
 - (i) Christopher Columbus
 - (ii) Arawak Indians
 - (iii) Buccaneers
 - (iv) Slaves
2. What year did Jamaica gain Independence from Britain?
 - (i) 1951
 - (ii) 1948
 - (iii) 1962
 - (iv) 1938
3. Who was Jamaica's first Prime Minister?
 - (i) Sir Henry Morgan
 - (ii) Sir Alexander Bustamante
 - (iii) Sir Norman Manley
 - (iv) Hon. Hugh Lawson Shearer
4. How many festival song competitions did Eric Donaldson win?
 - (i) 3
 - (ii) 4
 - (iii) 5
 - (iv) 1
5. How many parishes is Jamaica made up of?
 - (i) 12
 - (ii) 3
 - (iii) 14
 - (iv) None
6. What was Jamaica's first capital?
 - (i) Kingston
 - (ii) Montego Bay
 - (iii) Portmore
 - (iv) Spanish Town
7. What was the passage carrying slaves to the Caribbean called?
 - (i) The Free Peoples Trade
 - (ii) The Caribbean Passage
 - (iii) The Triangular Trade
 - (iv) The Slave Passage
8. What year did Hurricane Charlie hit Jamaica?
 - (i) 1988
 - (ii) 1951
 - (iii) 1944
 - (iv) 1900
9. He left school at 14 and went to work in a Perfume Factory in Kingston. He wrote poetry and music and later traveled the world. Who was he?
 - (i) Marcus Garvey
 - (ii) Desmond Dekker
 - (iii) Bob Marley
 - (iv) George Headley
10. What are the 3 colours of the Jamaican Flag?
 - (i) Red, White, Blue
 - (ii) Yellow, Green, Red
 - (iii) Gold, Silver, Bronze
 - (iv) Gold, Green, Black
11. Who are the Reggae Boyz?
 - (i) Beeniemann, Bounty Killer, Shabba
 - (ii) Jamaican Bob Sledgers
 - (iii) Bob Marley & The Wailers
 - (iv) Jamaica's World Cup Soccer Team
12. Who was boxer Percy Hayles manager at the height of his career?
 - (i) Herb McKinley
 - (ii) Norman Manley
 - (iii) Rex Nettleford
 - (iv) Donald Quarrie

Answers:

1. (ii), 2. (iii), 3. (i), 4. (iii), 5. (iii), 6. (iv)
7. (iii), 8. (ii), 9. (i), 10. (iv), 11. (iv), 12. (ii)

QUARTERLY MEETING

Sunday
August 25, 2002
2:00 pm

Jamaican Canadian Centre
995 Arrow Road

For further information call
JCA at (416) 746-5772

JCA's web page/address - Web Site: www.jcassoc.com • E-mail: info@jcassoc.com

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The Jamaican Consulate and Participating Organizations
join in celebrating

Jamaica's 40th Year of Independence
and the 40th Anniversary of the

JAMAICAN CANADIAN ASSOCIATION

at the

INDEPENDENCE GALA

Saturday AUGUST 10, 2002

JCA Cultural Centre - 995 Arrow Road

Guest Speaker
HON. K.D. KNIGHT
Minister of Foreign
Affairs, Jamaica

Reception 6:30 p.m.

Dinner 7:30 p.m. - Dancing 11:00 p.m.

Reception/Dinner/Dance \$100

Dinner/Dance \$ 75

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COOK'S CORNER

OXTAIL AND BROAD BEANS (LIMA BEANS)

From the Cookbook: More Down To Earth Jamaican Cooking
By Laurice DeGale. For your copy of this excellent cookbook
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2 lbs. oxtail, jointed
½ teaspoon salt
1 teaspoon black pepper
2 cloves garlic, crushed
2 tomatoes, coarsely chopped
2 small onions, thinly sliced
1 sprig thyme
2-3 slices scotch bonnet pepper (seeds removed)
2 tablespoons cooking oil
5 cups boiling water

1 cup dried broad beans (lima beans)
washed
1 carrot sliced in rings

1. Wash oxtail, and trim excess fat.
2. Season with the salt, black pepper, garlic, tomatoes, onion, thyme and scotch bonnet pepper.
3. Marinate for 1 hour. Remove the seasonings and retain with the marinade.
4. Heat the oil in a heavy saucepan and brown the oxtail. Drain off fat.
5. Add the 5 cups of boiling water and bring to the boil.
6. Lower heat, cover and simmer for 1-1/2 hours until

- Pieces are partially cooked, adding more water to cover.
7. Add the broad beans (lima beans), seasonings and marinade.
 8. Stir and simmer for 30 minutes, add the sliced carrot.
 9. Continue to simmer until the beans are tender, and the meat easily separates from the bone. The gravy should be a thick consistency. Taste for flavour and add salt and black pepper if necessary. Serve with rice, fried plantain, and sliced tomatoes.
- Serves 4-6.

UPCOMING EVENTS

| EVENT | DATE | TIME | LOCATION |
|--|---------------|-----------------------------------|---|
| JAMAICA'S INDEPENDENCE FLAGRAISING CEREMONY | Sun. Aug 4 | 1:00pm | City Hall, 2 nd fl |
| JAMAICA'S INDEPENDENCE THANKSGIVING SERVICE | Sun. Aug 4 | 4:00pm, | JCA Centre |
| JCA'S COMMUNITY OPEN HOUSE - CHRY FM 105.5 <i>Broadcast, displays, games, entertainment</i> | Mon. Aug. 5 | 10am -10pm | JCA Centre |
| JCA'S 40 th ANNIVERSARY GALA | Sat. Aug. 10 | 6:30pm-cocktails 7:00pm dinner | JCA Centre |
| JCA'S GOLF CLASSIC TOURNAMENT | Sat. Aug. 17 | 1:00pm, | Cardinal Golf Club 2740 Highway 9 Kettleby ON |
| JCA'S GOLF CLASSIC RECEPTION | Sat. Aug. 17 | 7:00pm, | JCA Centre |
| QUARTERLY MEMBERSHIP MEETING | Sun. Aug. 25 | 2:00pm | JCA |
| 6 TH REPARATION MEETING "Drug Trafficking, Gun Culture Who Benefits??" | Sept. TBA | | JCA Centre |
| CAR RAFFLE DRAWING | Sat. Sept. 7 | | JCA Centre |
| ANNUAL SENIORS DINNER | Sun. Sept. 22 | | JCA Centre |

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